

Conjunctivitis (Pink Eye)

- Pink eye is usually self-limited, and rarely results in serious complications.
- Symptoms can last 7-10 days but most often resolve within 5 days.
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SELF-CARE MEASURES:

- Stop using contact lens until you no longer have symptoms
- Do not use eye makeup
- Do not use eye drops for redness reduction or allergies
- Use artificial tears or saline drops (Examples: CMC/Glycerin drops or Refresh Plus®)
- Use cold compresses

LIMIT SPREAD TO OTHERS:

- You may be contagious for 7-14 days. While this should not prevent you from attending classes or other events, you should follow precautions to prevent spread to others.
 - Wash hands frequently with soap and water
 - Do not share towels
 - Avoid intimate contact with others

Loyola self-care guidelines are based on the most recent recommendations of national medical authorities.